



Spring

Bradworthy Newsletter 2026 Issue 1

Practice News

HAPPY RETIREMENT

After an incredible 36 years at Bradworthy Surgery, our practice manager, **Sue Maclaren**, is set to retire! We will truly miss her but wish her all the best in this well-deserved new chapter.

To celebrate her remarkable career, we're taking over **Tamar Lakes Parkrun on Saturday, March 28th**. Whether you want to run, walk, or volunteer, we'd love to see as many local friends and family there as possible!



We are currently participating in a trial of **Heidi AI** for some clinical staff members during consultations. Heidi AI is an AI-powered digital assistant designed to help clinicians **document medical consultations more accurately and efficiently**. It listens securely in real time during your consultation and produces a structured clinical summary that the GP can review, edit, and approve before it is added to your medical record. It is **important** to note that **Heidi is a support tool** – your GP remains fully in control of your consultation and your clinical decisions.

Your Doctors
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Practice Manager
Sue McLaren

OPENING TIMES
8AM–6.00pm
Dispensary 9am–5pm
Closed Saturday & Sunday

Enhanced Access
Monday & Tuesday evening, by pre-booked appointment only.
Call 111 for medical advice & direction: 999 for life threatening emergencies.
When to call 999?

You should always call 999 in a life-threatening emergency: heavy bleeding, chest pain, collapse or losing consciousness, extensive/major burns, sudden facial or limb weakness, seizures, spinal injury, floppy unwell infant, severe allergic reaction, poisoning or overdose, headache with loss of consciousness all need 999. Unsure what to do, dial 111 to be directed.

Our Bradworthy Surgery team.....
.....during January... answered 1585 phone calls, dispensed 3495 scripts and 8086 items... that's an average of 2000 items a week! Facilitated 2357 appointments (including non patient facing)

If you are sent a link to book an appointment in a text message, please where possible use that link rather than calling the surgery, it helps to keep our phone lines free.



Measles spreads fast.

It can make children seriously unwell.

Vaccination is the best protection.

Important - Stay off nursery, school or work for at least 4 days from when the rash first appears. Also try to avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

We are seeing a **rise in measles cases** in parts of England. Vaccination is the most effective way to protect children from serious illness.

We're **encouraging parents** to check their children are up to date with their vaccinations. Check your child's red book or speak to their GP practice.

More information:

<https://www.nhs.uk/vaccinations/mmr-vaccine/>

Measles usually starts with cold-like symptoms, temperature, followed by a rash a few days later. Some people may also get small spots in their mouth. Spots can be measles raised and join together to form blotchy patches. They're not usually itchy



Spring Covid Jabs

From the 1st April, we will be offering Covid vaccinations. We will contact you if you are eligible for the COVID-19 vaccine.

Spring vaccinations are offered because viruses change and protection fades over time. It's important to top up your protection if you're eligible.

Vaccination eligibility in England in spring 2026:

- adults aged 75 and over
- residents in care homes for older people
- individuals aged 6 months and over who are immunosuppressed

Breathe easier and celebrate a smoke-free life.

National No Smoking Day, March 11 2026 is an annual health awareness day in the UK, aiming to inspire and support smokers to quit for good

If you live in Devon and currently smoke, you could be eligible for FREE support. It's easy to get started and we will be there throughout your journey to help you stop smoking for good. <https://stopforlifedevon.org/>

